

24<sup>th</sup> April 2019

Dear Parents and Carers,

**LAST CHANCE TO BOOK ON !**

***Care for the Family - Handling Anger in the Family - Parent Course***

***Starts April 30<sup>th</sup>***

***Understanding and responding to children's anger***

***and how to help them feel calmer and happier!***

The feedback from the previous Care for the Family Parent Courses has been extremely positive with attendees reporting a significantly positive impact on family life and in their understanding of how to help their child manage their behaviour.

The materials are current, entertaining and extremely practical. They are aimed at all parents regardless of your child's age, ability or behaviour.

The entire range addresses concerns and difficulties in a realistic, current and entertaining way in order to empower parents through an understanding that "it's not just us" who might find aspects of parenting difficult sometimes. The courses understand the pressure that parents feel to make everything seem perfect and yet in reality this can be quite impossible!

**DID YOU KNOW?** In a recent survey only 5% of parents had been on a parenting course, but 77% said they'd considered it.

We are very pleased to offer the **HANDLING ANGER IN THE FAMILY** course next term.

**The sessions will take place on Tuesday afternoons 1.20 - 3.10 pm starting April 30<sup>th</sup> and will run for 4 weeks.**

All sessions take place in the Drama Studio - Upper School.

To find out more or to book your place - please contact me in school on 0161 366 0177 or email me on [m.ashley@dowson.tameside.sch.uk](mailto:m.ashley@dowson.tameside.sch.uk)

I look forward to welcoming you.

Michelle Ashley